

COLD PRESSED JUICE



| | | | |
|---|------|------|------|
| carabiner romaine, orange, celery, kale, cucumber, apple, lemon, cilantro | 4.50 | 6.00 | 7.50 |
| altitude carrot, orange, pineapple, coconut milk, lime | 4.50 | 6.00 | 7.50 |
| vertical apple, wheatgrass, lemon | 5.50 | 7.00 | 9.00 |
| sheer face fennel, cucumber, apple, lemon | 4.50 | 6.00 | 7.50 |
| mojo carrot, apple, beet, kale, lemon, ginger | 4.50 | 6.00 | 7.50 |
| compass celery, cucumber, romaine, cilantro, kale, lemon | 4.50 | 6.00 | 7.50 |

CLEANSERS COMING SOON!

SMOOTHIES

| | 8oz | 12oz | 16oz |
|--|------|------|-------|
| GPS orange juice, banana, coconut milk, vanilla | 5.50 | 7.00 | 9.00 |
| pace almond milk, coconut milk, banana, berries, maple syrup | 5.50 | 7.00 | 9.00 |
| glissade almond milk, banana, dates, himalayan salt | 5.50 | 7.00 | 9.00 |
| bunny hill coconut milk, raspberries, banana, honey, stevia | 5.50 | 7.00 | 9.00 |
| summit spinach, kale, coconut milk, pineapple, banana | 5.50 | 7.00 | 9.00 |
| power slide coconut milk, banana, cacao nibs, cacao powder, vanilla, maple syrup, himalayan salt | 6.25 | 7.00 | 10.00 |

SALADS

| | half | whole |
|---|------|-------|
| north Sweet romaine chunks, cauliflower, sun-dried tomatoes, pepitas, fermented veggie herb kraut, flax seed. Served with our signature raw, vegan caesar dressing. | 7.00 | 12.00 |
| south Romaine, sunflower sprouts, shredded carrots, avocado, cherry tomato, cilantro, pepitas, hemp hearts. Served with our raw avocado cumin dressing. | 7.00 | 12.00 |
| east Shredded kale, shredded carrots, shredded beets, purple cabbage, jungle peanuts, currants, citrus slices, sesame seeds. Served with our raw tahini dressing. | 7.00 | 12.00 |
| west Baby spinach, spiraled apple, sliced strawberry, sunflower sprouts, candied walnuts, dried cranberries, chia seed. Served with our creamy balsamic dressing. | 7.00 | 12.00 |
| yard sale One salad two forks, a very large bowl of seasonal fresh greens & veggies, served with lemon & olive oil dressing. | | 14.00 |
| wraps Coming soon! | | |

• greens subject to change seasonally

ELIXIRS

| | 8oz | 12oz | 16oz |
|--|------|----------|------|
| lodge day lemon, apple, ginger, garlic, cayenne - steamed raw temp, or hot | 3.75 | 5.00 | 7.50 |
| bushwack pineapple, orange, lemon, elderberry, ginger, echinacea/goldenseal, oregon grape - steamed raw temp, or hot | 3.75 | 5.00 | 7.50 |
| blazer wheat grass, liquid light, colloidal silver - served in a shot glass | 6.50 | 2oz shot | |

TEA

| | 16oz | pot (in) |
|--|------|----------|
| tea various teas | 2.25 | 2.25 |
| nwr tea any of our teas steeped with our signature nut milk. | 9.50 | 9.50 |

KOMBUCHA

| | 8oz | 12oz | 16oz |
|--|------|------|------|
| clear mind brilliant flavor with distinct notes of rosemary and sage | 3.00 | 3.50 | 4.00 |
| white rose light and refreshing with a soft floral finish | 3.00 | 3.50 | 4.00 |
| lemon ginger cayenne spicy, yet refreshing | 3.00 | 3.50 | 4.00 |

BREAKFAST

| | small | large |
|--|-------|-------|
| boulder Bowl of fresh seasonal fruit. | 6.00 | 9.00 |
| purple glacier Acai, banana, coconut milk topped with sliced banana, chocolate covered goji berries & raw granola. | 7.00 | 12.00 |
| sun salutation Raw yogurt topped with fresh berries & raw granola. | 6.00 | 9.00 |
| grapefruit 1 grapefruit, halved, topped with a drizzle of coconut nectar, a dash of cinnamon, granola & candied walnuts. | | 3.00 |

EXTRAS

| | 1oz |
|---|--------|
| Wheat grass | 2.00 |
| Flax oil | 1.75 |
| Chia seed | 1.75 |
| Flax seed | .50 |
| Hemp hearts | 2.00 |
| Sunflower seeds | 1.00 |
| Liquid light | 2.00 |
| | 1tblsp |
| Raw vegan protein powder | 3.00 |
| Raw vegan vanilla protein powder | 3.00 |
| Raw vegan chocolate protein powder | 3.00 |
| Super greens (Sun Warrior) | 3.00 |
| E-3 Live (1 serving) | 1.25 |
| Cacao nibs | 1.25 |
| Maca | 1.25 |
| Coconut oil | 1.00 |
| 1/2 Avocado | 1.00 |

get out. get with it. get free. get rid of it.
get simple. get back to it. get wild. get into it.
get healthy. get real.

get raw.

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